



Emergency, Community, Health and Outreach

ECHO Digital Short "Child and Teen Checkups Keep Kids Healthy"

Digital Short Script, Approved Final | 12 Nov 2013 Word Count: 379 Words | Reading Grade Level: 4.9

This digital short is aimed at parents and families with children enrolled in Medical Assistance or MinnesotaCare. It provides a basic overview of preventive healthcare for children and teens, while encouraging eligible families to utilize the Child and Teen Checkups program. Since not all viewers will be eligible, the content balances promotion of the Child and Teen Checkups program with the rationale and basic best practices for keeping children healthy through regular clinic visits.

Scene	Audio	Video
		(do not translate)
1	Every parent's job is to take care of our children. Part of good care is	Happy children at
	taking your child or teen see a doctor- even when they are not sick. That	play.
	may be new for our community.	
2	Hello, my name is (Latino/Somali/Hmong) families know	Host on camera.
	that when children are sick or hurt, they need to see a doctor or nurse.	
3	Your child is always growing. Their bodies, minds, and feelings are	Happy children at
	changing every day as they mature. Children need healthcare that fits	play.
	them as they grow up from birth to adult. The best way to help your child	
	be healthy is to see a doctor for Child and Teen Checkups.	
4	In our community, healthcare can seem like it costs too much money.	Families checking in
	Child and Teen Checkups are free for children on Medical Assistance and	at clinic desk.
	MinnesotaCare.	
5	Doctors and nurses can check your child to be sure they are growing in	Infants and
	healthy ways at every age. Babies need more clinic visits, because young	toddlers.
	children grow and change so quickly. Babies need vaccinations, and	
	doctors can make sure their bodies and minds have a healthy start in life.	
6	For kids in school, doctors need to check eyesight, hearing, height and	Doctor with 10-
	weight, to make sure children eat healthy and stay active. Doctors can	year old.
	talk with them about the changes in their bodies as they get older.	
7	Teens need special care as their bodies and minds reach the age of an	Teens playing
	adult. Thoughts and feelings may seem up and down for teenagers. They	basketball. Teen
	may feel sad, happy, angry, or confused. This is normal. But if teenagers	with provider.
	act in unhealthy ways, they may need medical help. Doctors can help	
	parents and teens with these worries.	
8	Child and Teen Checkups can also help with dental care. Children can	Family at clinic.
	learn how to take care of their teeth and gums so they grow up with a	





Emergency, Community, Health and Outreach

Scene	Audio	Video (do not translate)
	healthy smile.	
9	Taking your child to see a doctor even when they are not sick helps your children grow into strong and healthy adults. Doctors want to get to know you and your children as they grow up.	Host on camera.
10	Child and Teen Checkups staff can help find a clinic, make appointments, find rides and resources. Questions? Call Child and Teen Checkups. They can talk with you in your own language or use interpreters.	URL.